



FONDATION DE
L'HÔPITAL
ST. MARY

ST. MARY'S
HOSPITAL
FOUNDATION

Senior Friendly Geriatric Care at St. Mary's

Navigating Whole Person Care Spanning The Spectrum Of Life

A \$2.8 Million injection required

Ongoing Equipment Needs – Hospital-wide

ADAPTED CHAIRS, WALKERS AND COMFORT CHAIRS

Implementation of large face clocks and white boards and calendars to facilitate better communication flow between patients, healthcare staff, families and caregivers etc.

\$10,000 – TRAINING THE TRAINER

A multidisciplinary approach that includes doctors, nurses, social workers, physiotherapists and occupational therapists.

Of the 58 departments at St. Mary's, 47 will require hands-on coaching, development and training.

→ Senior Friendly training \$10k per department.

\$25,000 – SPECIALIZED PROGRAMS

Recognized programs have demonstrated effectiveness in reducing mortality, cognitive deterioration, loss of in-hospital autonomy and the need for accommodation.

→ Developing and Implementing Senior Friendly Programs \$25,000 each.

Examples:

- “Up for 3 Meals” mobilization program
- “Walk and Talk” walking program
- Cognitive Stimulation program
- Polypharmacy Reduction program
- Benzodiazepine Reduction Program and Sleep Toolkit

\$50,000 – INTERVENTIONS TO PREVENT FUNCTIONAL DECLINE

Statistic show that 40% of those aged 75 and older will experience a functional decline that will persist beyond hospitalization.

Development and implementation of interventions for seamless care between 11 Care Units Hospital wide

and community outreach between CLSC's and CHSLD's.

- Delirium screening tool (CAM)
- Screen/identify the risk of functional decline including Prisma7 and follow up during hospitalization